



# Irvine Adult Day Health Services

Making A Difference



Winter  
2008

Irvine Adult Day Health Services, in partnership with families and the community, promotes an environment of health, dignity and well being for seniors and disabled adults.

## An IADHS Family Member Shares Her Story to Help Families Like Hers!



Elise Chu with her mom, Yat Min Chu

As a caregiver who once was a working professional, taking care of a loved one like my elderly disabled mother is a 24/7 job. It not only takes a huge toll on my physical being and my emotions, it also requires an enormous financial commitment.

Having a facility like Irvine Adult Day Health Services nearby, I can get much needed respite a few days a week. I feel safe giving the responsibility of caring for my mother to the Center staff. I find them to be professionals, and a dedicated and caring group of individuals. After such a break, I find myself becoming a better caregiver ~ more patient and appreciative of caring for my mother!

IADHS also helps my mother. It gives her stimulation, socialization, good nutritious meals and the physical therapy needs.

Most of all, IADHS provides financial assistance to families, like mine who need help. Without the Center, I would either have to move to another city where there is such an adult day health care program or place my mother into a nursing home.

My mom and I both benefit from the Center and fully support Irvine Adult Day Health Services and I hope others would too. ~ Elise Chu, Caregiver

## *In Loving Memory of Derrel Kay*

The Irvine Adult Day Services Board of Directors, Staff and the Seniors of Irvine have lost a dear friend, volunteer, Board Member and community leader with the passing of Derrel Kay in August 2008.

Derrel and his wife, Pat, have been prominent fixtures at both the Lakeview Senior Center and IADHS since we opened in 1994. His participation always brought seniors' needs into focus. Whether he was Chairing the Scholarship Assistance Fund, dancing up a storm at all the events, or volunteering to do whatever needed to be done that day, Derrel was always there to share ideas and lend a hand.



*Derrel's Gifts Continue to Support the Center  
in His Honor Through His Friends.  
We Thank All of You!*

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Services and support for seniors, disabled adults and caregivers

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